



West Paw

Green Goddess Lick Mat

4 Ingredients

Difficulty: Easy

Ingredients:

- 1/2 cucumber, washed and peeled
- 3-4 pieces of broccoli, washed
- 2-3 sprigs of parsley
- 1/4 cup plain Greek yogurt

Directions:

1. Add the cucumber, broccoli, parsley, and Greek yogurt to a blender.
2. Blend the mixture until smooth, adding a splash of water if needed to achieve a smooth consistency.
3. Spread the mixture on a lick mat and serve fresh or frozen!
4. Got any leftover mixture? Put it in a silicone mold to make yummy pupsicles!

