



**West Paw**

# Golden Elixer Lick Mat

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*5 Ingredients*

*Difficulty: Easy*

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## Ingredients:

- 1 tsp turmeric
- 1/4 carrot
- 1/4 cup pumpkin puree
- 1/2 cup plain Greek yogurt
- 1 tbsp melted coconut oil

## Directions:

1. Add the carrots, pumpkin puree, turmeric, coconut oil, and greek yogurt to a blender.
2. Blend the mixture until smooth, adding a splash of water if needed to achieve a smooth consistency.
3. Spread the mixture on the lick mat side and serve fresh or frozen!

